



THE OPRAH
MAGAZINE

21 PAGES

Perfect
present

from \$4
nothing's-to
good-for
my-ba

We've got
answers
to life's stickiest
situations!

What to do if someone...

- Flirts with your husband
- Never pays you back
- Wants you to lie for them
- Takes credit for your idea
- Gives you a hideous gift
- Has the kid from hell
- Hears you didn't invite them...and more

The little
haircut that could
It's better than
a facelift



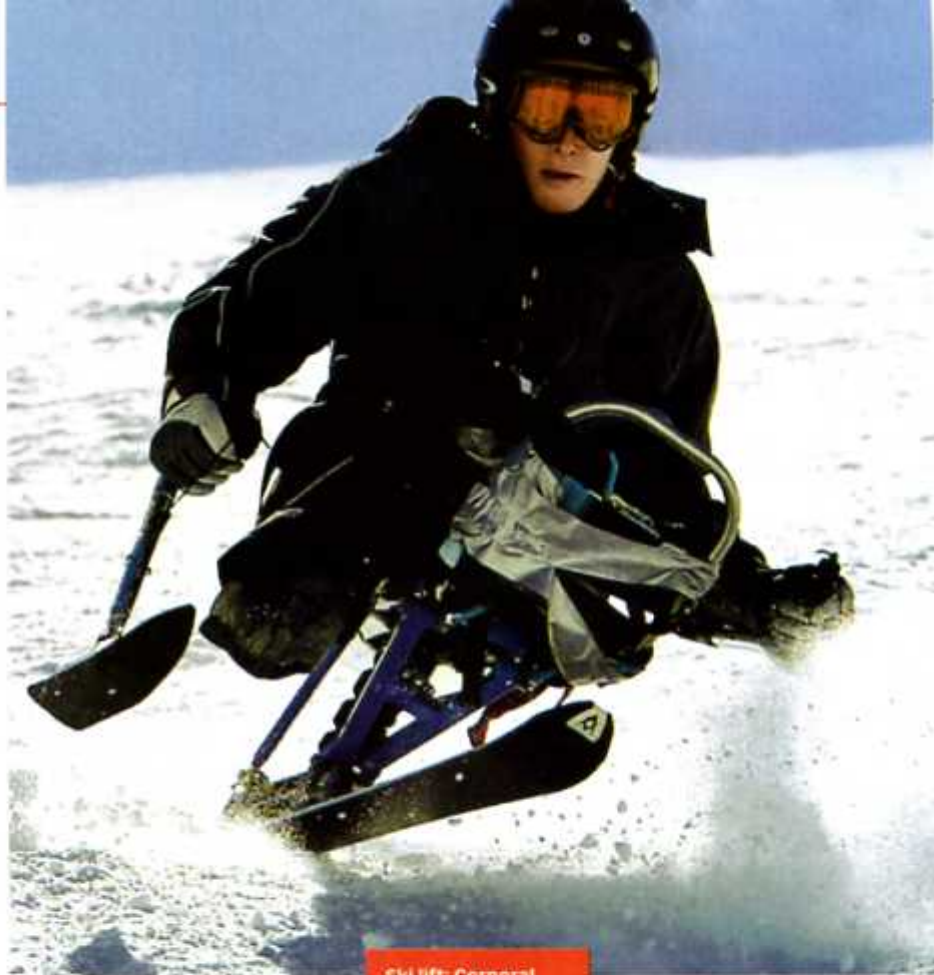
HOPE ON THE SLOPES

How Can I Help?

WHEN U.S. ARMY

First Lieutenant Melissa Stockwell, who lost her leg to a roadside bomb

in Iraq, first heard about Vail Veterans Weekend two years ago, she could barely muster an eye roll. "I couldn't walk or even wheel myself down the hall," she says. "Skiing? Yeah, right." But six months later, she found herself gripping outriggers (crutches on spring-loaded mini skis) and whizzing downhill on one ski. Kicking off its fourth season in March, the three-day program flies wounded soldiers and their families to Colorado for ski or snowboard instruction on state-of-the-art equipment. "Skiing helps them step forward into regular life," says founder and Vail philanthropist Cheryl Jensen, who this summer expanded operations to include rafting, fly-fishing, and camping. Hundreds of soldiers have signed on for the getaways, which are meant to build confidence, provide



Ski lift: Corporal Casey Owens at Vail Veterans Weekend (February 2005).

much needed relaxation, and help disabled vets get back into their bodies. The \$7,800 price tag (for a veteran and one guest) is defrayed entirely by donations. And though Continental Airlines often

provides free airfare, and some local hotels open their best rooms, you can help edge the experience closer to priceless by making a donation at vailveteransprogram.com. —EDIE MORGAN